

Anatomy &

Physiology

Anatomy Cardset

2

Author: M Rhodes

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4. Chapter: Anatomy Cardset 2

1. Anatomy Cardset 2 Questions

4.1.1. Triceps Brachii & Anconeus Nerve and Root

Author: M Rhodes

Triceps Brachii & Anconeus Nerve and Root

- Radial n (C7&8)

Check the answer of this question online at QuizOver.com:
Question: [Triceps Brachii Anconeus Nerve and Root Set 2 Quest](#)

4.1.2. Biceps Brachii Nerve and Root

Author: M Rhodes

Biceps Brachii Nerve and Root

- Musculocutaneous (C 5&6)

Check the answer of this question online at QuizOver.com:

Question: [Biceps Brachii Nerve and Root Set 2 Quest](#)

4.1.3. Brachialis Nerve and Root

Author: M Rhodes

Brachialis Nerve and Root

- Musculocutaneous and branch from Radial (C 5&6)

Check the answer of this question online at QuizOver.com:
Question: [Brachialis Nerve and Root Set 2 Quest](#)

4.1.4. Brachioradialis Nerve and Root

Author: M Rhodes

Brachioradialis Nerve and Root

- Radial (C 5&6)

Check the answer of this question online at QuizOver.com:
Question: [Brachioradialis Nerve and Root Set 2 Quest](#)

4.1.5. Pronator Teres Nerve and Root

Author: M Rhodes

Pronator Teres Nerve and Root

- Median (C 6 & 7)

Check the answer of this question online at QuizOver.com:
Question: [Pronator Teres Nerve and Root Set 2 Quest](#)

4.1.6. Pronator Quadratus Nerve Root

Author: M Rhodes

Pronator Quadratus Nerve Root

- Median - AIN (C 8, T1)

Check the answer of this question online at QuizOver.com:
Question: [Pronator Quadratus Nerve Root Set 2 Quest](#)

4.1.7. Supinator Nerve and Root

Author: M Rhodes

Supinator Nerve and Root

- Deep Radial - (C5&6)

Check the answer of this question online at QuizOver.com:

Question: [Supinator Nerve and Root Set 2 Quest](#)

4.1.8. Triceps and Anconeus Primary Action

Author: M Rhodes

Triceps and Anconeus Primary Action

- Primary Elbow extensor

Check the answer of this question online at QuizOver.com:
Question: [Triceps and Anconeus Primary Act Set 2 Quest](#)

4.1.9. Triceps and Anconeus secondary actions

Author: M Rhodes

Triceps and Anconeus secondary actions

- Shoulder extension (long head)
Shoulder adduction (long head)
Anconeus provides abduction force to elbow during forced pronation

Check the answer of this question online at QuizOver.com:
Question: [Triceps and Anconeus secondary actions Set 2 Quest](#)

4.1.10. Primary action of Biceps Brachii

Author: M Rhodes

Primary action of Biceps Brachii

- Primary forearm flexor in supinated position

Check the answer of this question online at QuizOver.com:

Question: [Primary action of Biceps Brachii Set 2 Quest](#)

4.1.11. Secondary actions of Biceps Brachii

Author: M Rhodes

Secondary actions of Biceps Brachii

- Forearm supination during rapid or resisted flexion. & Assists in Shoulder Flexion, aBduction and IR

Check the answer of this question online at QuizOver.com:
Question: [Secondary actions of Biceps Brachii Set 2 Quest](#)

4.1.12. Brachialis Primary action

Author: M Rhodes

Brachialis Primary action

- Forearm flexion & *
Primary forearm flexor in pronated position

Check the answer of this question online at QuizOver.com:
Question: [Brachialis Primary action Set 2 Question](#)

4.1.13. Brachioradialis primary action

Author: M Rhodes

Brachioradialis primary action

- Forearm flexion

Check the answer of this question online at QuizOver.com:

Question: [Brachioradialis primary act Set 2 Quest](#)

4.1.14. Secondary actions of Brachioradialis

Author: M Rhodes

Secondary actions of Brachioradialis

- Assists with pronation of forearm to mid-position if supinated.

Check the answer of this question online at QuizOver.com:

Question: [Secondary actions of Brachioradialis Set 2 Quest](#)

4.1.15. Pronator Quadratus primary actions

Author: M Rhodes

Pronator Quadratus primary actions

- PRIMARY forearm pronator for normal, unresisted pronation
*Forearm pronation

Check the answer of this question online at QuizOver.com:
Question: [Pronator Quadratus primary actions Set 2 Quest](#)

4.1.16. Pronator Teres primary actions

Author: M Rhodes

Pronator Teres primary actions

- Forearm pronation, esp in rapid or forceful pronation

Check the answer of this question online at QuizOver.com:
Question: [Pronator Teres primary actions Set 2 Quest](#)

4.1.17. Secondary action for pronator teres

Author: M Rhodes

Secondary action for pronator teres

- Assists elbow flexion

Check the answer of this question online at QuizOver.com:

Question: [Secondary action for pronator teres Set 2 Quest](#)

4.1.18. Supinator Primary action

Author: M Rhodes

Supinator Primary action

- PRIMARY forearm supinator for normal, unresisted supination.

Check the answer of this question online at QuizOver.com:

Question: [Supinator Primary action Set 2 Question](#)

4.1.19. Flexor Carpi Radialis Nerve and Root

Author: M Rhodes

Flexor Carpi Radialis Nerve and Root

- Median n. (C 7 & 8)

Check the answer of this question online at QuizOver.com:
Question: [Flexor Carpi Radialis Nerve and Root Set 2 Quest](#)

4.1.20. Flexor Carpi Radialis Primary actions

Author: M Rhodes

Flexor Carpi Radialis Primary actions

- Flexion of the wrist, radial deviation of the hand

Check the answer of this question online at QuizOver.com:
Question: [Flexor Carpi Radialis Primary actions Set 2 Quest](#)

4.1.21. Secondary action of flexor carpi radialis

Author: M Rhodes

Secondary action of flexor carpi radialis

- Assists in elbow flexion (weak)

Check the answer of this question online at QuizOver.com:
Question: [Secondary action of flexor carpi radialis Set 2 Quest](#)

4.1.22. Flexor Carpi Ulnaris Nerve and Root

Author: M Rhodes

Flexor Carpi Ulnaris Nerve and Root

- Ulnar n. (C 8)

Check the answer of this question online at QuizOver.com:
Question: [Flexor Carpi Ulnaris Nerve and Root Set 2 Quest](#)

4.1.23. Primary action of Flexor Carpi Ulnaris

Author: M Rhodes

Primary action of Flexor Carpi Ulnaris

- Flexion of the wrist, ulnar deviation of the hand

Check the answer of this question online at QuizOver.com:

Question: [Primary action of Flexor Carpi Ulnaris Set 2 Quest](#)

4.1.24. secondary action of flexor carpi ulnaris

Author: M Rhodes

secondary action of flexor carpi ulnaris

- assists elbow flexion (weak)

Check the answer of this question online at QuizOver.com:
Question: [secondary action of flexor carpi ulnaris Set 2 Quest](#)

4.1.25. Extensor Carpi Radialis Longus Nerve and Root

Author: M Rhodes

Extensor Carpi Radialis Longus Nerve and Root

- Radial (C 6& 7)

Check the answer of this question online at QuizOver.com:
Question: [Extensor Carpi Radialis Longus Nerve and Root Set 2 Quest](#)

4.1.26. Extensor Carpi Radialis Brevis Nerve and Root

Author: M Rhodes

Extensor Carpi Radialis Brevis Nerve and Root

- Deep Radial n (C 6& 7)

Check the answer of this question online at QuizOver.com:

Question: [Extensor Carpi Radialis Brevis Nerve and Root Set 2 Quest](#)

4.1.27. Extensor Carpi Ulnaris Nerve and Root

Author: M Rhodes

Extensor Carpi Ulnaris Nerve and Root

- Radial n (C 7&8)

Check the answer of this question online at QuizOver.com:
Question: [Extensor Carpi Ulnaris Nerve and Root Set 2 Quest](#)

4.1.28. Palmaris Longus Nerve and Root

Author: M Rhodes

Palmaris Longus Nerve and Root

- Median n (C 6&7)

Check the answer of this question online at QuizOver.com:

Question: [Palmaris Longus Nerve and Root Set 2 Quest](#)

4.1.29. Lumbricals of the hand Nerve and Root

Author: M Rhodes

Lumbricals of the hand Nerve and Root

- Median - #1&2,
Deep Ulnar- # 3&4
(C8 & T1)

Check the answer of this question online at QuizOver.com:
Question: [Lumbricals of the hand Nerve and Root Set 2 Quest](#)

4.1.30. Flexor Digitorum Superficialis Nerve and Root

Author: M Rhodes

Flexor Digitorum Superficialis Nerve and Root

- Median (C7&8)

Check the answer of this question online at QuizOver.com:

Question: [Flexor Digitorum Superficialis Nerve and Root Set 2 Quest](#)

4.1.31. Flexor Digitorum Profundus Nerve and root

Author: M Rhodes

Flexor Digitorum Profundus Nerve and root

- # 1 &2- Median (AIN),
3&4- Ulnar
(C8 & T1)

Check the answer of this question online at QuizOver.com:
Question: [Flexor Digitorum Profundus Nerve and root Set 2 Quest](#)

4.1.32. ECRL Primary action

Author: M Rhodes

ECRL Primary action

- Extension of the wrist, radial deviation of the hand

Check the answer of this question online at QuizOver.com:

Question: [ECRL Primary act Set 2 Quest](#)

4.1.33. ECRL secondary actions

Author: M Rhodes

ECRL secondary actions

- Provides wrist stability during hand flexion motions(grasping, pinching)

Check the answer of this question online at QuizOver.com:

Question: [ECRL secondary actions Set 2 Quest](#)

4.1.34. ECRB primary acitons

Author: M Rhodes

ECRB primary acitons

- PRIMARY wrist extensor

Check the answer of this question online at QuizOver.com:

Question: [ECRB primary acitons Set 2 Quest](#)

4.1.35. Secondary actions of ECRB

Author: M Rhodes

Secondary actions of ECRB

- Provides wrist stability during hand flexion motions (grasping, pinching)

Check the answer of this question online at QuizOver.com:

Question: [Secondary actions of ECRB Set 2 Quest](#)

4.1.36. Primary actions for ECU

Author: M Rhodes

Primary actions for ECU

- Extension of the wrist, ulnar deviation of of the hand

Check the answer of this question online at QuizOver.com:

Question: [Primary actions for ECU Set 2 Quest](#)

4.1.37. Palmaris Longus Primary actions

Author: M Rhodes

Palmaris Longus Primary actions

- Tenses palmar fascia

Check the answer of this question online at QuizOver.com:

Question: [Palmaris Longus Primary actions Set 2 Quest](#)

4.1.38. secondary actions of palmaris longus

Author: M Rhodes

secondary actions of palmaris longus

- Wrist flexion(weak)

Check the answer of this question online at QuizOver.com:

Question: [secondary actions of palmaris longus Set 2 Quest](#)

4.1.39. Lumbricals of the hand primary actions

Author: M Rhodes

Lumbricals of the hand primary actions

- Flexion of MP's of fingers 2-5

Check the answer of this question online at QuizOver.com:
Question: [Lumbricals of the hand primary actions Set 2 Quest](#)

4.1.40. Secondary actions of Lumbricals of the hands

Author: M Rhodes

Secondary actions of Lumbricals of the hands

- Extension of the IPs of the fingers 2-5. especially when MP's flexed

Check the answer of this question online at QuizOver.com:

Question: [Secondary actions of Lumbricals of the hands Set 2 Quest](#)

4.1.41. FDS primary action

Author: M Rhodes

FDS primary action

- Flexion of finger PIP's 2-5

Check the answer of this question online at QuizOver.com:

Question: [FDS primary act Set 2 Quest](#)

4.1.42. FDS secondary actions

Author: M Rhodes

FDS secondary actions

- Flexion of finger MP's 2-5. Accessory to wrist flexion during forceful grasp.

Check the answer of this question online at QuizOver.com:

Question: [FDS secondary actions Set 2 Quest](#)

4.1.43. FDP primary action

Author: M Rhodes

FDP primary action

- PRIMARY finger flexor, Flexion of finger DIP's 2-5

Check the answer of this question online at QuizOver.com:

Question: [FDP primary act Set 2 Quest](#)

4.1.44. Secondary actions of FDP

Author: M Rhodes

Secondary actions of FDP

- Flexion of PIP's, MP's of fingers 2-5. Accessory to wrist flexion during forceful grasp.

Check the answer of this question online at QuizOver.com:

Question: [Secondary actions of FDP Set 2 Quest](#)