

Medicine

Physiotherapy

MMT Review

Author: M Rhodes

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4. Chapter: Physiotherapy MMT Review

1. Physiotherapy MMT Review Questions

4.1.1. MMT is useful mostly for

Author: M Rhodes

MMT is useful mostly for

- Lower Motor Neuron Problems

Check the answer of this question online at QuizOver.com:

Question: [MMT is useful mostly for Review Quest](#)

4.1.2. What is normal in MMT varies by:

Author: M Rhodes

What is normal in MMT varies by:

- Age, Gender and Occupation

Check the answer of this question online at QuizOver.com:

Question: [What is normal in MMT varies by: Review Quest](#)

4.1.3. There are psychological interference during the test. Other factors...

Author: M Rhodes

There are psychological interference during the test. Other factors that may interfere are:

- Pain, Faltigue, Inability to assume proper position and the presence of medical equipment.

Check the answer of this question online at QuizOver.com:

Question: [There are psychological interference during the test. MMT Review](#)

4.1.4. Patient is able to complete his/her available range against gravity...

Author: M Rhodes

Patient is able to complete his/her available range against gravity and is able to take full resistance at end of the range.

- 5/5

Check the answer of this question online at QuizOver.com:

Question: [Patient is able to complete his/her available range MMT Review Quest](#)

4.1.5. Patient is able to complete his/her available range against gravity...

Author: M Rhodes

Patient is able to complete his/her available range against gravity and is able to take some resistance at end of the range.

- 4/5

Check the answer of this question online at QuizOver.com:

Question: [Patient is able to complete his/her available range MMT Review Quest](#)

4.1.6. Patient is able to complete his/her available range against gravity...

Author: M Rhodes

Patient is able to complete his/her available range against gravity but is unable to take any resistance.

- 3/5

Check the answer of this question online at QuizOver.com:

Question: [Patient is able to complete his/her available range MMT Review Quest](#)

4.1.7. Patient is able to complete his/her available range with gravity el...

Author: M Rhodes

Patient is able to complete his/her available range with gravity eliminated - NO resistance

- 2/5

Check the answer of this question online at QuizOver.com:

Question: [Patient is able to complete his/her available range with MMT Review](#)

4.1.8. Patient is unable to complete available range, but their is visible...

Author: M Rhodes

Patient is unable to complete available range, but their is visible or palpable contraction

- 1/5

Check the answer of this question online at QuizOver.com:

Question: [Patient is unable to complete available range but their MMT Review](#)

4.1.9. slightly more than fair, the patient may be able to take slight re...

Author: M Rhodes

slightly more than fair, the patient may be able to take slight resistance, such as in two finger resistance.

- 3+/5

Check the answer of this question online at QuizOver.com:

Question: [slightly more than fair the patient may be able to take MMT Review](#)

4.1.10. Patient is able to complete all the available range of motion with ...

Author: M Rhodes

Patient is able to complete all the available range of motion with gravity eliminated (2/5), and is able to complete more than half the range against gravity

- 3-/5

Check the answer of this question online at QuizOver.com:

Question: [Patient is able to complete all the available range of MMT Review](#)

4.1.11. Patient is able to complete all the available range of motion with ...

Author: M Rhodes

Patient is able to complete all the available range of motion with gravity eliminated (2/5), and is able to complete less than half the range against gravity

- 2+/5

Check the answer of this question online at QuizOver.com:

Question: [Patient is able to complete all the available range of MMT Review](#)

4.1.12. With gravity eliminated, patient is able to complete more than half...

Author: M Rhodes

With gravity eliminated, patient is able to complete more than half of the available range, but not all the range

- 2-/5

Check the answer of this question online at QuizOver.com:

Question: [With gravity eliminated patient is able to complete more MMT Review](#)

4.1.13. With gravity eliminated, patient is able to complete less than one ...

Author: M Rhodes

With gravity eliminated, patient is able to complete less than one half of the available range.

- 1+/5

Check the answer of this question online at QuizOver.com:

Question: [With gravity eliminated patient is able to complete less MMT Review](#)

4.1.14. Limiting factors can be abbreviated next to the grade to indicate t...

Author: M Rhodes

Limiting factors can be abbreviated next to the grade to indicate that the grade is uncertain: Ankylosis(joint fixation) is specified by:

- A

Check the answer of this question online at QuizOver.com:

Question: [Limiting factors can be abbreviated next to the grade MMT Review](#)

4.1.15. Limiting factors can be abbreviated next to the grade to indicate t...

Author: M Rhodes

Limiting factors can be abbreviated next to the grade to indicate that the grade is uncertain: Contracture (joint immobility due to muscle contracture) is specified by:

- C

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

Question: [Limiting factors can be abbreviated next to the grade MMT Review](#)

4.1.16. Limiting factors can be abbreviated next to the grade to indicate t...

Author: M Rhodes

Limiting factors can be abbreviated next to the grade to indicate that the grade is uncertain: Pain is specified by:

- P

Check the answer of this question online at QuizOver.com:

Question: [Limiting factors can be abbreviated next to the grade MMT Review](#)

4.1.17. Limiting factors can be abbreviated next to the grade to indicate t...

Author: M Rhodes

Limiting factors can be abbreviated next to the grade to indicate that the grade is uncertain: Muscle spasms is specified by

- S

Check the answer of this question online at QuizOver.com:

Question: [Limiting factors can be abbreviated next to the grade MMT Review](#)

4.1.18. Limiting factors can be abbreviated next to the grade to indicate t...

Author: M Rhodes

Limiting factors can be abbreviated next to the grade to indicate that the grade is uncertain: Weak fixation of proximal joint is specified by

- W

Check the answer of this question online at QuizOver.com:

Question: [Limiting factors can be abbreviated next to the grade MMT Review](#)

4.1.19. A "contraindication" to any medical procedure means that a test or...

Author: M Rhodes

A "contraindication" to any medical procedure means that a test or procedure is not only NOT indicated, but

- proceeding forward with the test may result in harm of the patient.

Check the answer of this question online at QuizOver.com:

Question: [A contraindication to any medical procedure means that MMT Review](#)

4.1.20. A general contraindication to MMY is

Author: M Rhodes

A general contraindication to MMY is

- that testing should never be done or continued to a patient or to any extremity in which injury may occur.

Check the answer of this question online at QuizOver.com:

Question: [A general contraindication to MMY is MMT Review Quest](#)

4.1.21. NWB

Author: M Rhodes

NWB

- DO NO muscle testing on involved extremity

Check the answer of this question online at QuizOver.com:

Question: [NWB MMT Review Quest](#)

4.1.22. TTWB

Author: M Rhodes

TTWB

- same as NWB

Check the answer of this question online at QuizOver.com:

Question: [TTWB MMT Review Quest](#)

4.1.23. PWB

Author: M Rhodes

PWB

- May do gross test or specific muscle testing but should not exceed 3+ prox to fracture and 3 distal to fracture

Check the answer of this question online at QuizOver.com:

Question: [PWB MMT Review Quest](#)

4.1.24. WBAT

Author: M Rhodes

WBAT

- May do gross test or specific muscle testing, but should not exceed 3+ distal to fracture

Check the answer of this question online at QuizOver.com:

Question: [WBAT MMT Review Quest](#)

4.1.25. FWB

Author: M Rhodes

FWB

- No limitations to gross or specific muscle testing with the exception of no more than 3+ distal to a fracture.

Check the answer of this question online at QuizOver.com:

Question: [FWB MMT Review Quest](#)

4.1.26. Acetabular fractures that are designed as NWB:

Author: M Rhodes

Acetabular fractures that are designed as NWB:

- MMT should not be performed for 12 weeks on the involved or to the uninvolved LE

Check the answer of this question online at QuizOver.com:

Question: [Acetabular fractures that are designed as NWB: MMT Review Quest](#)

4.1.27. Some neurological disorders are of such nature that muscle testing ...

Author: M Rhodes

Some neurological disorders are of such nature that muscle testing greatly weakens the muscle and in some cases may cause an exacerbation of symptoms and/or muscle damage.

- Examples: Guillain Barre, Transverse Myelitis and Myasthenia Gravis

Check the answer of this question online at QuizOver.com:

Question: [Some neurological disorders are of such nature that MMT Review Quest](#)

4.1.28. The anterior and medial aspect of the hip and thigh is almost exclu...

Author: M Rhodes

The anterior and medial aspect of the hip and thigh is almost exclusively through the :

- Lumbar Plexus

Check the answer of this question online at QuizOver.com:

Question: [The anterior and medial aspect of the hip and thigh is MMT Review](#)

4.1.29. It is through the lumbar portion of the lumbosacral plexus that the...

Author: M Rhodes

It is through the lumbar portion of the lumbosacral plexus that the hip receives innervation for the actions of:

- Flexion and Adduction and the knee receives innervation for the actions of extension

Check the answer of this question online at QuizOver.com:

Question: [It is through the lumbar portion of the lumbosacral MMT Review Quest](#)

4.1.30. The posterior and lateral aspect of the hip and thigh is innervated...

Author: M Rhodes

The posterior and lateral aspect of the hip and thigh is innervated almost exclusively through the :

- Sacral Plexus

Check the answer of this question online at QuizOver.com:

Question: [The posterior and lateral aspect of the hip and thigh MMT Review](#)

4.1.31. It is through the sacral portion of the lumbosacral plexus that the...

Author: M Rhodes

It is through the sacral portion of the lumbosacral plexus that the hip receives innervation for the actions of :

- Extension and abduction and knee flexion

Check the answer of this question online at QuizOver.com:

Question: [It is through the sacral portion of the lumbosacral MMT Review Quest](#)

4.1.32. Hip and knee rotation is controlled primarily through

Author: M Rhodes

Hip and knee rotation is controlled primarily through

- The Sacral Plexus

Check the answer of this question online at QuizOver.com:

Question: [Hip and knee rotation is controlled primarily through MMT Review](#)

4.1.33. In the leg and foot , all innervation occurs through the

Author: M Rhodes

In the leg and foot , all innervation occurs through the

- sacral plexus

Check the answer of this question online at QuizOver.com:

Question: [In the leg and foot all innervation occurs through the MMT Review](#)

4.1.34. C1-C4

Author: M Rhodes

C1-C4

- Sensory Determination only

Check the answer of this question online at QuizOver.com:

Question: [C1-C4 MMT Review Quest](#)

4.1.35. C5

Author: M Rhodes

C5

- Brachialis, Biceps

Check the answer of this question online at QuizOver.com:
Question: [C5 MMT Review Quest](#)

4.1.36. C6

Author: M Rhodes

C6

- ECRL and ECRB

Check the answer of this question online at QuizOver.com:
Question: [C6 MMT Review Quest](#)

4.1.37. C7

Author: M Rhodes

C7

- Triceps

Check the answer of this question online at QuizOver.com:
Question: [C7 MMT Review Quest](#)

4.1.38. C8

Author: M Rhodes

C8

- FDP, middle finger

Check the answer of this question online at QuizOver.com:
Question: [C8 MMT Review Quest](#)

4.1.39. T1

Author: M Rhodes

T1

- ADM

Check the answer of this question online at QuizOver.com:

Question: [T1 MMT Review Quest](#)

4.1.40. T2-L1

Author: M Rhodes

T2-L1

- Sensory determination only

Check the answer of this question online at QuizOver.com:

Question: [T2-L1 MMT Review Quest](#)

4.1.41. L2

Author: M Rhodes

L2

- Iliopsoas

Check the answer of this question online at QuizOver.com:
Question: [L2 MMT Review Quest](#)

4.1.42. L3

Author: M Rhodes

L3

- Quadriceps

Check the answer of this question online at QuizOver.com:
Question: [L3 MMT Review Quest](#)

4.1.43. Tibialis Anterior

Author: M Rhodes

Tibialis Anterior

- L4

Check the answer of this question online at QuizOver.com:
Question: [Tibialis Anterior MMT Review Quest](#)

4.1.44. L5

Author: M Rhodes

L5

- EHL

Check the answer of this question online at QuizOver.com:
Question: [L5 MMT Review Quest](#)

4.1.45. Gastroc and Soleus

Author: M Rhodes

Gastroc and Soleus

- S1

Check the answer of this question online at QuizOver.com:
Question: [Gastroc and Soleus MMT Review Quest](#)

4.1.46. S2-S5

Author: M Rhodes

S2-S5

- Sensory determination only

Check the answer of this question online at QuizOver.com:

Question: [S2-S5 MMT Review Quest](#)

4.1.47. T1-T4 Functional Potential

Author: M Rhodes

T1-T4 Functional Potential

- Walking requires KAFO's and walker or Loftstrand crutches. Very difficult

Check the answer of this question online at QuizOver.com:

Question: [T1-T4 Functional Potential MMT Review Quest](#)

4.1.48. T5-T12 Functional Potential

Author: M Rhodes

T5-T12 Functional Potential

- Same as T1-T4, only slightly easier due to presence of abdominals

Check the answer of this question online at QuizOver.com:

Question: [T5-T12 Functional Potential MMT Review Quest](#)

4.1.49. L1 & L2 Functional Potential

Author: M Rhodes

L1 & L2 Functional Potential

- Same as T5-T12, yet easier w partial iliopsoas; needs KAFO's and walker or Lofstrand crutches and walks with 4 point gait.

Check the answer of this question online at QuizOver.com:
Question: [L1 L2 Functional Potential MMT Review Quest](#)

4.1.50. L3-L5 Functional Potential

Author: M Rhodes

L3-L5 Functional Potential

- Walk with AFOs and Lofstrands due to presence of quads

Check the answer of this question online at QuizOver.com:
Question: [L3-L5 Functional Potential MMT Review Quest](#)

4.1.51. S1 and below Functional Potential

Author: M Rhodes

S1 and below Functional Potential

- No orthoses required

Check the answer of this question online at QuizOver.com:
Question: [S1 and below Functional Potential MMT Review Quest](#)